Editorial

As director of the Journal of Psychotherapy and Psychodrama, and on behalf of the Board of Directors, I want to open this first editorial with a few words from Dalmiro M. Bustos “The recognition of the goodness of what one receives, exalts not only the giver but also the receiver. To appropriate oneself of the legitimately incorporated admired positives aspects requires, as a first step, GRATITUDE. (D. M. Bustos 2007)”.

First of all, our gratitude goes to the members of our editorial staff, teachers, colleagues, collaborators and friends who have supported us with their membership and their professional prestige, so that today we can start a difficult project with enthusiasm "the birth of a new Journal of Psychotherapy and Psychodrama". Our gratitude extends to each and every one of them, who support us from Argentina, Brazil, Colombia, Costa Rica, Chile, Ecuador, Spain, France, Hungary, United Kingdom, Italy, Mexico, Peru, Uruguay, Sweden, Turkey. From different theoretical positions such as Psychoanalysis, Psychodrama, Systemic Family Therapy but everyone from a mutual place: their generosity. Secondly, to all those who have accompanied me in this work and today are the Board of Directors.

Why do we think it makes sense to create another journal? In creating it, what objectives have we set ourselves? There are journals like The journal of psychodrama, sociometry and group psychotherapy” published by the American Association of Psychotherapy and Psychodrama, or the Revista Brasileira de Psicodrama published by the Federacao Brasileira de Psicodrama or Psicodramma Classico published by the Associazione Italiana Psicodrammatisti Moreniani, and others of recognized prestige and history. But as scholars in psychodrama, we missed having easy access to documents, research works by psychodrama authorities, regardless of the country they came from or in the language they were written. For this reason, the "Journal of Psychotherapy and Psychodrama" was thought of, a journal which can be read from our computer, and where we are going to try that language will not be an obstacle for all those students and psychotherapy and psychodrama professionals who might be interested in this work. Initially the journal will collect all the articles in their original language and will translate them into Spanish, although our goal is more ambitious, our aim is to eventually publish each article in its original version and its translation into English and Spanish.

At the same time, the aim of this journal is to be a “tool” for study, a tool that will help “all of us to learn”. We have always read articles and we have always wanted to ask about them or we have had questions based on them, that is another goal for the journal, it is intended as a psychodrama session, in such a way that there is a section where questions, contributions, memories, hopes are collected, we call that space "sharing". This a place where we want and
desire that the questions will be met by answers, were our first clinical experiences, our memories on psychotherapy, or simply our dreams will be shared, our projects, meetings, conferences, congresses will be reflected… have their place.

This is our starting point proposal, a proposal as open and free as is our concept of psychotherapy. Initially, the magazine shall be semiannual, two issues per year, this is the initial commitment of work that we can establish.


If gratitude was the beginning of this editorial, it will also be the end, because only the generosity and friendship of the authors of these articles have allowed us to say that we started the first issue of the "Journal of Psychotherapy and Psychodrama" in the best way that we had thought and dreamed of.

Please welcome the new Journal of Psychotherapy and Psychodrama.

Teodoro Herranz Castillo
Director